



Bereavement Resource Guide



CATHOLIC CEMETERIES ASSOCIATION
DIOCESE OF CLEVELAND

Faith, Hope, and Remembrance

Rev. June 2025

Helpful places to find Grief Support:

This Support list is in no particular order and is not a comprehensive list of all services available. There are many Grief Support resources. These are the commonly used resources in our area.

Catholic Cemeteries Association Bereavement Support - www.cleccem.org

Free of charge; Open support group sessions held monthly on the 3rd Sunday of each month (4th Sunday if holiday falls on the 3rd Sunday). Rhonda Abrams/Bereavement Coordinator rabrams@cleccem.org 216/930-4866

3 – 4:00 pm In-Person Grief Support – Meets in main office buildings

All Saints, Northfield | 480 W. Highland Road

All Souls, Chardon | 10366 Chardon Road

Calvary Cleveland | 10000 Miles Avenue

Holy Cross, Akron | 100 E Waterloo Road

Holy Cross, Brook Park | 14609 Brook Park Road

St. Joseph, Avon | 32789 Detroit Road

5 - 6:00 pm Virtual Grief Support group meets via Zoom

Sign-up at <https://bit.ly/ccavirtualgriefsupportgroup> to receive login information and to download the handout materials. You can join virtually from any Wi-Fi enabled area via computer, laptop, smartphone, or even without Wi-Fi (via audio only) from your analog phone. If you do not have Wi-Fi or email, please contact Rhonda at 216-930-4866.

Your RSVP for both In-Person and Virtual Grief Support is appreciated but not required to attend.

“A Closer Walk With Thee” – CCA Monthly Grief Support E-Newsletter:

This e-newsletter is emailed the first Tuesday of each month to any family/individual who has expressed an interest in our bereavement programs. To subscribe to this valued grief support resource, go to the signup form at <https://bit.ly/ccabereavementbulletin> or contact Rhonda at rabrams@cleccem.org or 216-930-4866.

Local parishes – Various parishes have existing Grief Support groups. If yours does not, let us help you start one at your parish.

Saint Christopher Parish – 20141 Detroit Road, Rocky River OH 44116

7-Week Closed Session Grief Support Group, January, April, and October

Meets every Thursday for 7 weeks, 2:00pm - 3:00pm. Registration \$15

Contact the Parish Office at 440-331-4255

Mary's Tears Bereavement Ministry - St. Mary of the Immaculate Conception – 527 Beall Avenue, Wooster, OH 44691 330-264-8824 - Mary's Tears strives to provide spiritual support and the healing comfort of God to all who mourn the loss of a loved one through death, ... looking to the Blessed Mother who grieves the death of her son, as she stands faithfully by Him at the foot of his cross to be a companion in sorrow. Support sessions are offered twice yearly.

St. Charles Borromeo Parish – 5891 Ridge Road Parma OH 44129 Phone: 440-884-3030

The “Grieving Together Group” is not counseling, but a confidential and safe space and time to be with others who understand.

We meet the first Thursday of every month at 7:00pm in the Borromeo Room on the first floor of the Parish Activity Center. Registration is not necessary; No commitment to attend a specific number of times. Text or email SCBgrief@gmail.com.

St. Justin Martyr – 35781 Stevens Blvd. Eastlake, Ohio 44095 Phone: 440-946-1177 <https://stjustin.net/events/bereavement-ministry/>

A caring ministry, with sessions that run for six-weeks; provides support for those going through the grieving process. The bereavement ministry also holds social outings throughout the year. Watch the bulletin/website for upcoming events or call the parish office, 440-946-1177. Open to all.

Saint Ladislav Parish – 2345 Bassett Road, Westlake OH 44145

Fall Bereavement Support Group – 8-Week (consecutive Monday evenings) 7:00pm -8:30pm, September 8, 15, 22, 29 and October 6, 13, 20, 27 in Cullen Hall, Rooms 3 & 4. Register at the Parish Office 440-835-2300 and contact Carol Burtnett or Pete DuBois. All are welcome to also attend Monday evening Mass at 6:30pm in the church.

Saint Anthony of Padua Parish – 316 5th St. Fairport Harbor OH 44077

“Journey Through Grief” Support Group – 7-Week Grief Support program in the Spring and in the Fall. 2025 series runs April 29- June 10 and October 7 - November 11. Registration is necessary for supplies, but walk-ins are always welcomed. Please call the office to register at 440-354-4525. Contact Debbie Kascala - Pastoral Associate/LEM.

Catholic Charities, Diocese of Cleveland

Central Intake Helpline 1-800-860-7373 Mon – Fri 8am – 4pm

General Information 216-334-2900

Emergency Assistance 216-781-8262

Counseling/Addictive Service 216-391-2030

Marriage/Family Life Office 216-332-2974

Geauga County 440-285-3537

Lake County 440-352-6191

United Way First Call for Help - dial 211 24/7 Helpline

18,000+ Government, health and social service programs

Certified Community Response Specialists (Includes grief support)

Frontline Service – 24/7 Crisis Hotline 216-623-6888

Reaching out to adults and children in Northeast Ohio to end homelessness, prevent suicide, resolve behavioral health crises, and overcome trauma.

Ohio Care Line: - 24/7 Mental Health Careline

1-800-720-9616

Confidential support in times of personal or family crisis when individuals may be struggling to cope with challenges in their lives.

When callers need additional services, they will receive assistance and connection to local providers.

Cornerstone of Hope - www.cornerstoneofhope.org

216-524-HOPE (4673) or 3787

Independence OH, Lima OH, and Columbus OH

Individual, Group, and Telehealth (Virtual) Grief Support Services - Grief support groups have a specialized curriculum according to the type of loss experienced and are designed to support the unique needs of the grievers. <https://cleveland.cornerstoneofhope.org/grief-services>

2025 Grief Support Groups

- Adult Grief
- Child Loss

- Spouse Loss
- Grandparent Grief
- Young Adult Grief
- Perinatal & Infant Loss
- Complicated Loss
- Murder Loss
- Substance-Related Loss
- Suicide Loss
- Suicide Loss Support for Parents

Plus...

Grief Counseling
 Spiritual Care
 Memorial Events
 Grief Camps
 School Programs
 Community Response and Specialty Groups

Holy Family Hospice (St. Augustine Health Ministries)

440-888-7722 - Erin Hout or Rachel Browske 440-545-7031

Cleveland (West)

www.staugministries.org/holy-family/grief-bereavement-support/

Bereavement services for anyone in the community experiencing loss due to death, *even if your loved one was not a Holy Family patient.*

- **Bereavement Counseling** - Up to 13 months of grief counseling and support to spouses, family members and close friends of a departed loved one
- **Bereavement Support Visits** - Available by appointment. Free of charge.
- **Eight-Week Grief Support Groups** - Meets Thursday afternoons for 90 minutes for 8 consecutive weeks. Free of charge. Registration required.
- **Monthly On-Going Support Groups** - Grief Maintenance. Meets the first Tuesday of every month. 10 - 11:30 am. Registration required.
- **Men's Support Group** - Meets 9 - 11 am the 2nd Saturday of every month. Free of charge. Registration required.
- **Education Resources**

Hospice of the Western Reserve

800-707-8922 Cleve (East) 216-486-6838, Cleve (West) 216-227-9048, Medina 330-725-1900, available on-site, in home, and other locations: Westlake, Ashtabula, Ashland, Willoughby Hills, Lorain, Sandusky, Fairview Park, Lakeshore. Services available to the entire Northern Ohio region.

Services available to the entire Northern Ohio region.

www.hospicewr.org/services/grief-services

HWR offers a variety of in-person and virtual monthly support groups to support individuals processing grief.

- Loss of Spouse/Partner Grief Support Group for Older Adults
- Loss of Spouse/Partner Grief Support Group for Adults of any age
- For Men Only: Loss of Spouse/Partner Grief Support Group
- For Women Only: Loss of a Spouse/Partner Grief Support Group
- Adult Grief Support Group
- Millennial Grief Support Group: Adults 25-40 grieving loss of parent or parent figure (Virtual)
- Loss of Parent Grief Support Group
- Parents Grief Support Group – Loss of an adult child
- Grief 101 – Loss in the past 6 months

- Healing Arts: Fabric and Feeling
- Healing Rhythms – Drums and other rhythmic instruments to relieve stress and tension
- Music for Relaxation: Live music and breathwork
- Healing Arts: Pet Grief
- Serenity Seekers
- Healing Hearts

The Gathering Place

216-595-9546 Cancer and Grief Support
 Beachwood 216-455-1528
 Westlake 216-455-1506
www.touchedbycancer.org/programs/grief

Stewart's Caring Place

Cancer and Grief Support Support
 (Fairlawn) 330-836-1772
www.stewartscaringplace.org/cancer-support/support-groups-counseling
 Grief Support 2nd Wednesday of each month 5:30pm – 6:30pm. In-person and Virtual

The Compassionate Friends

Support for family in the loss of a child (of any age) – In person and online
www.compassionatefriends.org
 To find closest location call 877-969-0010 or via zip code www.compassionatefriends.org/find-support/chapters/chapter-locator/

Joel's Place

For grieving children ages 5 – 18;
 Support group for parents and caregivers meets simultaneously.
 440-248-4412 Avon, Bay Village (Cleve – West)
www.joelsplaceforchildren.org

Becky Verner "Yoga to Remember"

A remembrance-themed yoga practice that consists of gentle yoga, breathwork, and meditation.
<https://becky-verner.squarespace.com/yoga-to-remember>

Kelly's Grief Center

Kent, OH
 330-593-5959
www.kellysgriefcenter.org

The Grief Care Place

Stow, OH
 330-686-1750
www.thegriefcareplace.org

Red Bird Ministries

The Diocese of Cleveland Marriage and Family Ministry office is a chapter organization. This parish ministry program systematically guides individuals and couples through the complexity and trauma that happens with the loss of child from pregnancy through adulthood. Contact Teresa Yohman, (216) 696-6525 ext. 2322 or tyohman@dioceseofcleveland.org.

NAMI – National Alliance on Mental Illness

The nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Peer to Peer Support – Family Support – Counseling; Support Groups; Education. – Advocacy.

<https://namiohio.org/about-nami-ohio/nami-affiliates-in-ohio/> 800-950-NAMI or if in a crisis, text “NAMI” to 741741

NAMI (Geauga County) - “Growth Through Grief” Support Group – Support after suicide and other traumatic deaths. Adults 18 and older. 2nd and 4th Wednesdays each month 7p to 8:30p

440-286-6264 - www.namigeauga.org

NAMI (Greater Cleveland) - <https://namigreatercleveland.org/> - Helpline 216-875-0266

NAMI (Medina County) - No NAMI affiliate in this county. For online support, email namiohio@namiohio.org

NAMI (Summit County) - <https://namisummit.org/> - Helpline 330-252-1188

NAMI (Portage County) - Helpline 330-673-1756

GriefShare

Weekly 13-week program based on video classes, group discussion, and personal study reflection.

www.griefshare.org/groups/search to find closest group. In-Person and Online groups.

Cleveland Clinic Hotline 844-20-GRIEF (47433)

<https://my.clevelandclinic.org/patients/information/bereavement>

Monthly drop-in groups, weekly 6-8-week intensive support group sessions, and virtual grief support. The free services are provided to anyone needing support on their grief journey. To sign up for any group, please call 216.444.9819.

Main Campus (Cleveland – East)

Stephanie Tubbs Jones Health Center (East Cleveland)

Fairview Hospital Wellness Center (Rocky River)

Hillcrest Hospital (Mayfield Hts)

Justin T. Rogers Hospice Care Center (Akron)

Online Grief Resources (Articles, education, interviews, blogs, etc.)

- All Grief
- Child Loss
- Partner/Spouse Loss
- Parent Loss
- Sibling Loss
- Grief Support for Youth – Elementary through High School
- Camp Promise – Grief camp for the whole family

Light After Loss – at The Hope & Healing Center (The HHC)

Light After Loss is a non-profit organization serving Stark County and beyond. Support to suicide loss and traumatic loss survivors and provides education to mental health clinicians and other community members about suicide loss and trauma. Over 10 monthly groups and various gatherings providing TLC (traumatic loss care) to those left behind.

3751 Burrshire Dr. NW Canton, OH 44709 (330) 846-3630 www.LightAfterLossStark.org

Email: lightafterlossstark@gmail.com

Beginning Experience – Spousal Loss Grief Support - One day, Weekend, and Virtual Grief Programs

A 50-year-old Catholic Peer Ministry, recognized by the USCCB and serves those who have lost a spousal relationship due to death, divorce, and separation. Run as a ministry of the Catholic Church, some emphasis on religion, but is non-denominational. Programs are facilitated by volunteer peers who are also along the grief journey.

www.beginningexperience.org - “Coping with Life Alone” – June 28, 9am – 4pm, via Zoom.

Registration is required by calling Jim at 845-220-7883 or Denise at 845-325-3147

Helpful Websites

What's Your Grief

Grief/bereavement education for adults, teens and children; specializing in social media resource sharing including video, music, and articles.

<https://whatsyourgrief.com/>

Open to Hope

Video interviews, articles, and blogs.

www.opentohope.com

Center For Loss & Life Transition

Books and resources through the Alan Wolfelt, PhD, Center for Loss Program.

www.centerforloss.com

The Grief Recovery Method

Bereavement support for adults (Intensive).

www.griefrecoverymethod.com

Grief Watch

Resources for bereaved families.

www.griefwatch.com

The Compassionate Friends

National bereavement support group locator.

www.compassionatefriends.org

Grief Healing

Bereavement support blog.

www.griefhealing.com

My Grief Angels

Nonprofit online bereavement support and education organization.

www.mygriefangels.org

Good-Grief

Child grief support and school advocacy - Teaching resiliency and facilitating healthy coping for children and their families

<https://good-grief.org/>

Hope for the Broken Hearted

Resources and encouragement for grief and loss.

www.hopeforthebrokenhearted.com

Online resources for widows/widowers:

<https://nationalwidowers.org/>

<https://widowsconnection.org/>

<https://sisterhoodofwidows.com/>

<https://hopeforwidows.org/>

<https://writingwidow.com/>

If you have others that you would like us to consider adding to the list, please email us at email@clecem.org.

PLEASE NOTE: These websites are not endorsed by the Catholic Cemeteries Association. The CCA is not responsible for the content featured on any of these websites.