

Faith, Hope, and Remembrance

Helpful places to find Grief Support:

This Support list is in no particular order and is not a comprehensive list of all services available. There are many Grief Support resources. These are the commonly used resources in our area.

Catholic Cemeteries Association Bereavement Support https://www.clecem.org/

Free of charge; Open support group sessions held monthly on the 3^{rd} Sunday of each month 3-4 pm.

Rhonda Abrams/Bereavement Coordinator rabrams@clecem.org 216-930-4866

Holy Cross Cemetery, Akron Holy Cross Cemetery, Brook Park St. Joseph Cemetery, Avon Calvary Cemetery, Cleveland All Saints Cemetery, Northfield All Souls Cemetery, Chardon

Local parishes – Various parishes have existing Grief Support groups. If yours does not, let us help you start one at your parish.

Catholic Charities/Diocese of Cleveland

General Information 216-334-2900 Emergency Assistance 216-781-8262 Counseling/Addictive Service 216-391-2030 Marriage/Family Life Office 216-332-2974

United Way - First Call for Help - dial 211

3,000+ Health and human services agencies Certified Community Response Specialists (Includes grief support)

Cornerstone of Hope 216-524-HOPE (4673) or 3787 https://cornerstoneofhope.org/ Independence OH, Lima OH, and Columbus OH New: Telehealth - Virtual counseling services

Holy Family Hospice (St. Augustine Health Ministries) 440-888-7722 Erin or Carrie

Cleveland (West) https://staugministries.org/holy-family-hospice/grief-spiritual-support/ Bereavement services for anyone in the community experiencing loss due to death, even if your loved one was not a Holy Family patient.

- Up to 13 months of grief counseling and support to spouses, family members and close friends of a loved one
- Supportive phone calls to family members who have lost a loved one
- Bereavement counseling for individuals and families



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- Eight-week grief support groups
- Monthly on-going support groups
- Monthly Memorial Mass
- Education resources

Hospice of the Western Reserve - Cleve (East) 216-486-6838, Medina 330-725-1900 or 800-700-4771, available on-site, in home, and other locations. Services available to the entire Northern Ohio region. https://www.hospicewr.org/patients-and-caregivers/grief-and-loss

The Gathering Place (Beachwood and Westlake) 216-595-9546 Cancer Support https://touchedbycancer.org/resources/grief-loss

Stewart's Caring Place (West Akron) 330-836-1772 Cancer Support https://www.stewartscaringplace.org/programs-and-services/support-groups/

The Compassionate Friends – Loss of a child 877-969-0010 to find closest location

Parma chapter 440-327-8678, Gates Mills chapter 216-586-7144, Mentor chapter 440-479-0225 https://www.compassionatefriends.org/

Joel's Place – For grieving children ages 5 – 18; Support group for parents and caregivers meets simultaneously. 440-248-4412 Avon, Bay Village (Cleve – West) https://www.joelsplaceforchildren.org/

Kelly's Grief Center 330-593-5959 Kent, OH https://www.kellysgriefcenter.org/

The Grief Care Place 330-686-1750 Stow, OH https://thegriefcareplace.org/

HEAL (**Helping Each Other After Loss**) – Pregnancy/Early infant loss 216-664-4194 Cleve (East)

NAMI – National Alliance on Mental Illness https://namigeauga.org/
NAMI (Geauga County) - "Growth Through Grief" Support Group – Support after suicide and other traumatic deaths. Adults 18 and older. 2nd and 4th Wednesdays each month 7p to 8:30p 440-286-6264

GriefShare.org Weekly 13-week program based on video classes, group discussion, and personal study reflection. https://www.griefshare.org/groups/search to find closest group

Cleveland Clinic https://my.clevelandclinic.org/patients/information/bereavement 330-668-4672 or 800-335-1455 ext. 84672 or Hotline 844-20-GRIEF (47433) Monthly drop-in groups, and weekly 6-8-week Intensive support group sessions Main Campus (Cleveland – East)



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Stephanie Tubbs Jones Health Center (East Cleveland)
Fairview Hospital Wellness Center (Rocky River)
Hillcrest Hospital (Mayfield Hts.)
Justin T. Rogers Hospice Care Center (Akron)
Online Grief Resources (Articles, education, interviews, blogs, etc.)

Helpful Websites

- What's Your Grief Grief/bereavement education for adults, teens and children; specializing in social media resource sharing including video, music, and articles
- Open to Hope Video interviews, articles, and blogs
- <u>Living With Loss</u> Bereavement magazine
- <u>Center For Loss & Life Transition</u> Books and resources through the Alan Wolfelt, PhD, Center for Loss Program
- <u>The Grief Recovery Method</u> Bereavement support for adults (Intensive)
- Grief Watch Resources for bereaved families
- The Compassionate Friends National bereavement support group locator
- Grief Healing Bereavement support blog
- <u>GriefNet.org</u> Online and email support groups
- My Grief Angels Nonprofit online bereavement support and education organization
- <u>Grief.com</u> Provides resources on grieving and lists of grief counselors and support groups
- <u>Silent Tears</u> Facebook group to share personal stories of loss and connect with others
- <u>Griefshare.org</u> Resource to find support groups in your area
- Hope for the Broken Hearted Resources and encouragement for grief and loss

If you have others that you would like us to consider adding to the list, please email us at email@clecem.org.

PLEASE NOTE: These websites are not endorsed by the Catholic Cemeteries Association. The CCA is not responsible for the content featured on any of these websites.